

Feed the Hungry 2021



Many church communities and agencies around the Capital District help families who deal with food insecurity make sure they will have food on their table. For this workshop, we encourage you to learn about food insecurity and how you can help. Below you will find a list of suggested websites to help you raise your awareness.

Take Action!



Consider volunteering to help local families enjoy a Thanksgiving Meal. Click on the link below to be taken to the Concern for the Hungry website page for Thanksgiving 2021 volunteer information. Don't delay, volunteer opportunities are time sensitive for Thanksgiving food distribution.

<https://www.concernedforthehungry.org/food-services/#thanksgiving>



Catholic Charities-Meals on Wheels Program in Schenectady offers meal delivery to seniors in need in our community. Consider volunteering to help with this much needed service. Click the link below to learn more about how you can get involved.

<https://www.ccseniorservices.org/meals-on-wheels-program>



Feed Albany is another local organization that distributes (and delivers) meals to those in need in the Capital Region. Here in Schenectady, Feed Albany collaborates with the Schenectady City Police Department to set up meal distribution sites and deliver meals to those in need. Learn more about this organization and how to volunteer by clicking the link below.

<https://www.feedalbany.com/>

Above are just a few of the many programs that help to address the issue of food insecurity here in our local community. Several of our Works of Mercy Initiative participating parishes also offer food pantry services to individuals and families in need. Consider how you can become involved by contacting local parish pantries and finding out how you can dedicate your time or make donations. Participating parishes currently offering pantry services include,

Our Lady of Fatima (Delanson)

St. Luke's Daily Bread Pantry

St. Madeleine Sophie

St. Vincent de Paul Society at St. Paul the Apostle



Click the below link for a listing of the Food Pantries for the Capital District. Learn more about food insecurity in our area and how you can help, and how those in need can receive help.

<https://www.thefoodpantries.org/>

Raise Your Awareness

Click on the below links to learn more about this important issue.



**Regional
Food Bank**
OF NORTHEASTERN NEW YORK

www.regionalfoodbank.net



<https://www.concernedforthehungry.org/>



Global Citizenship is defined by the United Nations as *the umbrella term for social, political, environmental, and economic actions of globally minded individuals and communities on a worldwide scale.* Click the below link to learn about Catholic Relief Services and make a commitment to participate in Operation Rice Bowl during Lent 2022.

<https://www.csricebowl.org/>



Watch the documentary *A Place at the Table* by clicking the below link. This documentary offers “An examination of the issue of hunger in America focuses on the plight of three individuals from different parts of the country who struggle to find adequate nutrition.”

Link: https://www.youtube.com/watch?v=UbfS_AJP-lw